



BOXING TRAINING

Trained by Professional Trainers!

North Mersey ABC is a club based on diversity. Inclusion is our aim, and we strive to make the mix work!

- ✔ Excellent gym
- ✔ 7 sessions per week
- ✔ Equipment provided
- ✔ First session free!

MERSEYSIDE
**Violence
Reduction
Partnership**



Mon, Wed, Thurs, Fri
5PM (6+), 6PM (12+)



STAR OF THE SEA
Elm Road, Seaforth, L21 1BH

EST. 1999



Contact Sid on 07767 678904
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