

# SUPPORTING YOUR CHILD WITH ANXIETY: A PARENT DROP IN



**THURSDAY 12TH SEPTEMBER**  
**09:00-10:00**

Come along to our parent drop in to learn more about how to support your child with anxiety.

**Lucy Rothwell** from the Mental Health Support Team will be there to help you understand how anxiety affects children and give you tips and strategies to help you manage your child's anxiety.

**Mr Cooney** will also be there to talk to you about what support school can offer and answer any questions you may have.

**SEE YOU THERE!**