

FACE delivers online support via zoom for parents across the UK
Talks are 90 minutes long, £24 each or FREE with a school membership code
Book Online at facefamilyadvice.co.uk on the PARENTS page



Schools can purchase a
FACE School Annual Membership
which means **ALL parents** and **ALL staff**
get unlimited **FREE access** to **ALL 16** parent talks

Thursday
31st July
19:00 - 20:00
FREE



Supporting Healthy Screen Use

Screens are here to stay.
Identifying the issues and step by step guide to reduce the negative impact.

Monday
21st July
10:00 - 11:30
£24
recording available



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Monday
28th July
10:00 - 11:30
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Facing Defiance

Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday
29th July
10:00 - 11:30
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Anxiety Based School Avoidance

Understanding and supporting children who are anxious about school.
Steps you can take to help them back into the classroom.



July Timetable

All sessions delivered live online via zoom £24 each 90 minutes long
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Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am
Anxiety Explained	8 July 7pm
Raising Self-Esteem	14 July 10am
Supporting Healthy Sleep	14 July 7pm
Decreasing Depression	15 July 10am
Understanding the Teenage Brain	15 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Autism Improving Communication	22 July 10am
Improving Family Communication	22 July 7pm
Facing Defiance	28 July 10am



JULY 2025 Newsletter

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