

Rimrose Hope CE Primary School



Relationships, Sex, and Health Education Policy

Vision and Values

Our School aims to be a loving, inclusive family where our core Christian Values of Creation, Friendship, Wisdom, Justice, Service and Endurance are recognised and developed. With God's Love, all are encouraged to thrive, as we learn to walk in Jesus's footsteps. As a Christian School Community, we believe that the ethos of our school should be built on a foundation of core Christian Values. The staff, children and governors have agreed the core values and aims that we feel support our school mission of having 'Faith in our children - the hope for the future.'

These core values will help us sustain an ethos which supports our aim for children to live happy, safe, healthy and fulfilling lives, to become confident individuals and responsible citizens who make a positive contribution to society.

We hope that our core Christian values, and the commitment to develop our school vision, will help children understand that there are some central beliefs that we can use to guide us when making choices and decisions in our relationships with each other.

Rimrose Hope CE Vision Statement

Hope in our Community:

Our community is an integral part of the life of our school. We will work in partnership with the Parish of St Matthew's and St Leonard's to promote Christian values for the good of our children, parents, community and our world.

Hope in our Relationships

All members of our school community promote positive relationships showing respect for each other so that personal example is the inspiration for everyone.

Hope in our Learning

Our school is a learning community where everyone is inspired to reach their full potential, to keep on learning and to encourage others to learn.

Hope in our Curriculum

Our curriculum reflects the Christian values of the school and is both inspirational and relevant. It is a curriculum that creatively builds a love of learning so that all our children and staff can flourish.

Hope for our Future Citizens

Our children are trustworthy, kind, caring, honest and respectful individuals who want to make a positive contribution to the socially diverse world in which they live.

Hope for our Children

Our children are nurtured in a Christian environment so that they become responsible, life-long learners ready to make a valuable contribution to our school, our community and our world.

Hope for our Staff and Governors

Staff and governors collaborate to deliver a world class education in an environment where everyone is valued and everyone is supported to live a rich and rewarding life.

Hope for a Healthy Life

We encourage the children and provide them with a range of learning experiences to enrich their cultural, physical, mental and spiritual development, so that they become confident and positive individuals who take responsibility for their own healthy choices and life style.

Aims

We undertake to follow the principles in the Church of England Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE).

The aims of relationships and sex education (RSE) at our school are to:

- Enable children to understand how to keep themselves and others safe
- Develop the personal skills needed by pupils for them to establish and maintain relationships, to recognise what a healthy relationship looks like, to form healthy relationships, ensuring respect and dignity for themselves and others
- Explore how to live well together, including behaving well towards others, disagreeing well, forgiving and repairing broken relationships

- Develop the skills to express their own views and make their own informed decisions, providing a framework in which sensitive discussions can take place
- Help pupils develop feelings of self-worth, self-respect, confidence and empathy, to cherish themselves and others as unique and wonderfully made
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Prepare pupils for puberty, by giving them an understanding of the importance of health and hygiene
- Enable children to make responsible and informed decisions about their health and well-being.

Statutory requirements

As a Primary School we must provide relationships education to all pupils as per section 34 of the Children and Social work act 2017. We are required to follow the National Curriculum including requirements to teach science, which would include the elements of sex education contained in the science curriculum. In teaching RSE, we are required to have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996. At Rimrose Hope CE Primary School we teach RSE as set out in this policy.

Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- Review -The PSHE lead pulled together all relevant information including relevant national and local guidance
- Staff consultation - all school staff were given the opportunity to look at the policy and make recommendations
- Governor consultation- this included wider reading around RSE, the equality act, and debate around the Church of England's guidance documents.

- Parent/stakeholder consultation - The policy was made available to parents on the website for two weeks and they were invited to discuss any points
- Ratification - once amendments were made, the policy was shared with governors and ratified

Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity. RSE involves a combination of sharing information and exploring issues and values. RSE is not about the promotion of sexual activity.

Curriculum

Our curriculum is set out in Appendix 1. This will be reviewed and adapted as and when necessary. We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. Our curriculum content is based on resources provided by the PSHE association. Teachers will use the objectives and always take into account the needs and feelings of our pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

Primary sex education will focus on:

- Preparing boys and girls for the changes that adolescence brings
- The menstrual cycle

For more information about our curriculum, see our curriculum map in Appendix 1.

Delivery of RSE

At Rimrose Hope CE Primary School RSE is delivered within the personal, social, health and economic (PSHE) education curriculum. It also compliments content covered in Science, Computing and PE, and other aspects are included in religious education (RE).

Appendix 1 shows how our PSHE curriculum covers all the strands of the statutory guidance.

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

Families and people who care for me

- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Inclusion

Equality

Rimrose Hope CE Primary School is an inclusive school where we place a strong focus on the wellbeing and progress of every child and where all members of our community are of equal worth.

Schools have a legal duty to promote equality (Equality Act, 2010) and to combat bullying (Education Act, 2006) (which includes homophobic, sexist, sexual and transphobic bullying) and Section 4.2 of the national curriculum (2014) states "Teachers should take account of their duties under equal opportunities legislation that covers race, disability, sex, religion or belief, sexual orientation, pregnancy and maternity, and gender reassignment."

RSE has clear links with other school policies aimed at promoting pupils' spiritual, moral, social and cultural development, including the:

- Anti-Bullying Policy
- Behaviour Policy
- Confidentiality Policy
- Equality and objectives Policy
- Health and Safety Policy
- Computing Policy and E Safety Policy
- RE Policy
- Safeguarding/Child Protection Policy
- SMSC Policy
- Special Educational Needs Policy

SEND

At Rimrose Hope CE Primary School Relationships and Health Education is accessible for all pupils. We provide high quality teaching that is differentiated and personalised to ensure accessibility.

Roles and Responsibilities

The Governing body

The governing body has delegated the approval of this policy and it will hold the Headteacher to account for the implementation of this policy.

The Headteacher

The Headteacher is responsible for ensuring that RSE is taught consistently across the school, and for discussing any concerns or issues parents may have.

The Curriculum Leader

The Curriculum Leader will:

- develop a differentiated curriculum;
- work closely with subject coordinators in Science, Computing R.E and P.E. to ensure Relationships Education, Sex Education and Health Education do not duplicate content covered in the National Curriculum;
- work with external organisations in order to enhance delivery of these subjects by introducing specialist knowledge and different ways of engaging with pupils;
- ensure that the teaching delivered by a specialist teacher fits with the planned programme;
- provide strategic leadership and direction;
- provide a curriculum that provides pupils with the essential knowledge they need to be educated citizens in democratic Britain;
- coordinate a number of working parties in order to explore ways of improving the curriculum and the way in which we deliver it;
- promote an awareness of and respect for a diversity of cultures, values, beliefs and abilities;
- ensure appropriate coverage of the curriculum;
- provide support and advice;
- monitor pupil progress in this area;
- ensure sufficient and up to date resources are in place
- provide guidance and support to all staff;
- provide training for all staff on induction and when the need arises regarding;
- make effective use of relevant research and information to

- improve this policy;
- keep up to date with new developments and resources;
- undertake risk assessments when required;
- review and monitor the implementation of the policy and curriculum; annually report to the Governing Body on the success and development of this policy

Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the Headteacher.

Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

Parents' right to withdraw

Parents do not have the right to withdraw their children from relationships education. Parents have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE. Requests for withdrawal should be put in writing and addressed to the Headteacher. Alternative work will be given to pupils who are withdrawn from sex education.

Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar. The Headteacher will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

Monitoring arrangements

The delivery of RSE is monitored by the Lead for PSHE, Phase Leaders and the Headteacher through: Learning Walks, child conferencing/ pupil voice and work sampling.

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by PSHE lead on a bi-annual basis or in the event of updated statutory guidance. At every review, the policy will be approved by Governing Board.

Chair of Governors	Cllr P Cummins
Date	October 2020
Review	September 2022