

Our Vision Statement - Hope for a Healthy Life

We encourage the children and provide them with a range of learning experiences to enrich their cultural, physical, mental and spiritual development, so that they become confident and positive individuals who take responsibility for their own healthy choices and lifestyle.

PE and School Sport

Sport is an important aspect of life at Rimrose Hope. We aim to give all children an opportunity to sample a wide variety of different sporting activities, either through the P.E. and Games Curriculum or via our Extra Curricular Activities Programme.

At present, the following activities are delivered at our school; Football, Cricket, Netball, Swimming, Athletics, Tennis, Tag Rugby, Rounders, Gymnastics, Dance and Basketball.

Throughout the year we offer various Out of Hours Clubs and our children are given the opportunity to represent Rimrose Hope in sporting events and competitions.

The children in the Foundation Stage access physical development opportunities as part of the continuous provision offered both in the indoor and outdoor learning environment.

Not only do they get exercise when using the outdoors and taking part in whole class sessions, but they also have timetabled PE lessons during the week.

From years 1-6, each class has at least one hour of P.E a week. Through these lessons a balance of individual and team work, cooperative and competitive activities, aim to cater for each pupil's ability and preference.

Rimrose Hope has also developed a link with both The Chesterfield and South Sefton School Sports Partnership. This partnership enables us to provide wider opportunities for sporting provision and facilities, accessing specialist coaches to further pupils' experiences and skills, as well as providing more opportunities for competitive sport.

Each year we hold sports celebration days for all of our children from the Foundation Stage to Key Stage 2. At these events children compete in teams to win a trophy for their class, as well as individually.

At Rimrose Hope we are keen promote sporting success across our school and celebrate our sporting successes, during weekly assemblies.

PE & Sports Premium Funding

Where does it come from?

The Government has pledged to spend over £450 million on improving Physical Education (PE) and Sport in Primary Schools

over the 3 academic years 2013 to 2014, 2014 to 2015 and 2015 to 2016. The funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport, and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all their children. Each school will receive £8,000 plus an extra £5 per pupil each year for the next two years.

What can it be used for?

Schools can choose how they use the funding, for example to:

- hire specialist PE teachers or qualified sports coaches to work with primary teachers during PE lessons
- support and involve the least active children by running after-school sports clubs and holiday clubs, e.g. the Change4Life clubs
- provide resources and training courses in PE and sport for teachers
- run sport competitions or increase pupils' participation in the School Games
- run sports activities with other schools

How is Rimrose Hope using its PE and Sport Funding?

Rimrose Hope is making full use of its annual allocation of PE Sports Funding. Our funding will be spent on developing our understanding and teaching of PE, encouraging our children to adopt a healthy lifestyle, improve and extend our extra-curricular provision and give our children more opportunities to participate in competitive sport.

School Sports Partnerships

Approximately one third of our allocation is being used to purchase support through the South Sefton and Chesterfield Sports Partnerships. The benefits of these packages include:

- Continual Professional Development for staff at reduced cost
- Opportunities for all children to enter competitions
- Sports Leader training sessions
- Links with Everton in the Community (Football Tournaments/Training opportunities Years R-6)
- Support with School Games Kite mark application
- Support with Assessment in PE
- Support with integration and connection to wider community through direct links with local sports clubs
- Membership to Youth Sport Trust

Professional Development

We will be using our funds to improve the teaching of PE at our school by developing staff skills in delivering PE so that we may raise pupils' achievement and develop wider skills through their PE lessons. We will be accessing expert training for staff in whole school activities to ensure a consistent, quality approach to the delivery of sport across our school, both during the school day and after hours. The funding has allowed us to bring in a Dance specialist to come one day a week for 10 weeks to work with teachers to plan and deliver PE lessons, developing in house capabilities and a sustainable model for the future.

Healthy Lifestyle Opportunities

This year, children will be welcome to join a Change4Life club. This club will aim to provide children with exercise, fun and team work activities. Money from the Sport Premium Funding will be used to support the activities of the club. We will also be purchasing exercise programmes, such as Move It/Fit Kids in an attempt to get everyone involved in daily sports participation, especially those who do the least amount of sport. We are hoping to measure the impact on pupil's health, lifestyle and progress in class.

As a school, we are aware that positive attitudes towards healthy eating and exercise are fundamental to our pupil's progress. Pupils who enjoy a healthy diet and regular exercise are pupils who are focused and happy in class. we will be running a Cookery Club with year 5/6. They will focus on healthy snacks and packed lunches that they can safely and easily make at home. Money will be spent on cookery equipment and ingredients for the club which will run for 6 weeks during the spring/summer term.

Extra-Curricular Provision

We are aiming to capture pupils' participation in extra-curricular sports clubs and exploring possible benefits with pupil progress, attendance and punctuality.

We are aiming to expand our extra-curricular provision by

employing external coaching staff to provide additional after school sports, enriched breakfast club and lunchtime provision as well as working alongside staff to help them develop their skills further through co-coaching.

Young Sports Leader Training

We are providing specialist training for our Year 5 and 6 House captains to enable them to become Young Sports Leaders. As well as providing positive role models they can directly support more children to participate in sporting activities, during lunchtime.

Top Up Swimming

We are aiming to provide extra swimming sessions during the summer term, for any Year 6 child who is unable to swim 25m.

Equipment

Our funding will also be used to purchase suitable PE equipment for use in school and at after school clubs.

Competition

PE is a key focus in the new curriculum. Our funding will be used to cover transport costs for children, so that they are able to participate in more competitive sporting opportunities. We are

also aiming to forge links with local sports clubs, so that we can benefit from expert training and competition opportunities.

We will also be using some of the funding to purchase medals and rewards for our intra sporting competitions.

Measuring the Impact of Sports Premium Spending

Our competitive sports day was well received this year, with lots of support and positive feedback from parents. Feedback from children was also very positive.

Work with our SEN children in PE has seen improvement in most areas, the children are more confident to approach new activities and some children have now been discharged from physiotherapy care, due to the improvements they have made in core strength and mobility.

On evaluation of our Young Leaders Training Weekend, feedback was positive from both children and parents. The parents reported how proud they were of their children and what they had achieved. The children reported :

'I was more confident in myself after the trip'

'I learned to work as a team'

'Before I went to PlayAway I was scared to teach games, but now I am able to deliver a game without feeling scared, I can now deliver a lesson to younger children and know how to explain the rules and make sure that everyone is safe'

Our half term activity club was met with praise from staff, parents and children involved. On evaluation, the children commented that they had learned to work co-operatively alongside others as a team and to listen to others points of view.

Several of our Year 3/4 children took part in cricket training at the Northern Cricket Club during the summer term, the children really enjoyed the experience of working together with children from other schools, receiving expert training and the opportunity to represent the school in a cricket tournament.

Next steps

Our next steps are:

- To continue on with our current provision
- Develop further our extra-curricular provision
- Carry out a survey to see which extra-curricular activities the children would like to have delivered.
- To forge sporting links, with local clubs/facilities
- To develop a range of competitive sporting opportunities for our children